

Diaper Training 4: Diaper Baby Truth Serum Hypno Script

File Description: *You find yourself unable to lie about even the most embarrassing facts about your diaper baby status. If someone asks why you wear diapers, you tell them 'I need my diapers because I am a big baby who cannot control their peepee'. If they ask if you like diapers, you say 'I love to make stickies in my thick wet diapees'. And when someone asks you to prove it, you suck your thumb and pop a toddler squat. You'd better hope your nosy friends don't notice your thick diapers sticking up over your pants.*

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

Hello there. Welcome back. You are listening to another erotic hypnosis file by champ. If you are here with me, then you must want to be hypnotized. That means you are ready to spend some time in trance, listen to my words, and accept all that you hear.

I cannot guarantee that you will go into trance as you listen to this file, but even if you don't immediately go into trance, it's okay to pretend. Sometimes, as you are pretending to go into trance, your subconscious will follow suit and before you know it, you may find you have already entered a state of trance without even realizing it.

This is the fourth file in the diaper training program. The fact that you have chosen to listen to this file means that you are ready to be hypnotized to admit your diaper baby status out loud. This file is intended to lead you into trance and leave some suggestions in your mind. Suggestions that make you tell your embarrassing truths to anyone who asks. These suggestions will be effective because you want this to happen. They will be effective because you are willing to follow me into trance, listen to my words, and accept the changes to your mind and body.

If you do not wish to automatically admit the truth about your diaper baby status whenever anyone asks, please stop listening now. The more you listen, the more permanent and irreversible these changes can become.

Before we begin, please make sure you are in a safe place where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. To make this file completely effective, be sure to wear a diaper or something that feels like a diaper whenever you listen to this file. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, please pause the tape and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.

And now, let us begin our journey into trance. It's really quite easy to follow me into trance. You don't really have to do much at all. If you are relaxed in a nice quiet place, if you are focusing on my words, you have already prepared yourself to go into trance. And whether you've gone into trance many times, or this is the first time you are going into trance, I'm sure you already know how to relax, listen, and focus your attention.

Focus your attention now on my words as we count down from 10, going a little bit deeper into trance with each number you hear. 10 feeling yourself in your environment, the way the air feels, the way the furniture, or whatever you are lying on feels against your body. 9 allowing your eyes to get heavy and begin to droop if they have not closed already. 8 hearing my voice, the sound and the texture of the words as they penetrate your mind. 7 allowing that nice feeling of relaxation you know so well wash over your body 6 feeling your body begin to relax even more as you go deeper into those feelings of relaxation 5 Deeper into trance now, halfway to your destination 4 allowing yourself to focus on my words, focus on the sound, focus on the feelings in your body going deeper 3 focus on my words, focus on relaxing, focus on the destination like a small point on the horizon 2 as you approach a place where you can accept all that you hear 1 on the threshold of a nice deep trance as you arrive at your destination in 0.

[snap]

Sleep. Going deeper into trance. No matter how you may feel right now, it is possible that you are in trance. Even if you appear to be completely conscious, you might still be in trance. But chances are, you are nice and relaxed, ready to listen for a while. Accept a few suggestions. Allow my words to enter your subconscious mind as I tell you about the topic of today's training. So just lie back, relax, and listen to my voice, and you can achieve the desired changes to your mind and body. That's all there is to it!

Today, I'm going to talk about the truth. We all know that the truth is a powerful thing, but what is the truth? Is the truth something we can quantify, measure, or hold in our hands? Is the truth objective and stable? Or is it something else entirely?

There are many kinds of truth, but today I'm going to talk about a very special kind of truth. The truth of our own personal narrative. Because sometimes, the truth is the story we tell ourselves *about* ourselves. Whether we say that we are big boys and girls or whether we know we are really just babies who need our diapers. Everything we do, and everything we think can become part of that narrative, ingrained in our subconscious.

And sometimes we find... that the words and thoughts of other people, the words they say or the words they write, can massage that truth. Their words can change our truths. My words can change your truths. And we can never really be certain how much of who we are is from our own minds, and how much is due to the thoughts and suggestions of those around us.

And if we enjoy who we become, does it really matter who is responsible? As long as you enjoy it, it doesn't really matter. Because this is what you are now. A diaper baby who loves to use their diapers. You've committed to it. You've accepted it. You've adapted to it. It's part of who you are now, so why would you deny it?

The simple truth is, it's simply easier to tell the truth. And you can tell the truth about who and what you are – if anybody really wants to know. You decide what truths you tell. And since you've decided to listen to this file, you've already decided to tell the truth about your diapers and baby status to anyone who asks. You've decided to hand that control over for just a little while so you can tell the world in your most babyish voice what a little pottypants you are. You're giving up control as you listen to my words, so that you can answer truthfully about your

diapers and baby status. And you will do so in toddler talk, because that is how you feel. Just like a toddler. You can answer the truth without even thinking, because it's just so easy to tell the truth, responding in toddler-talk as long as it is safe to do so.

Let's visualize for just a moment that we are giving up this control over what we do and say when we're asked about our diapers. Close your eyes and imagine a box... where you can store the ability to lie about your diapers. Where you can store the ability to lie about your baby status. You open the box. You put your ability to lie about who you are inside. You shut the box, and you store it away. And as long as those abilities are in that box, you'll find it much easier to just tell the truth. Tell the truth without even thinking. But only when it is safe to do so.

From now on, whenever anyone asks about the baby smell, or the crinkling sound nearby, you'll admit that you are wearing diapers and you are a big baby. You will do so automatically without even thinking. And if you're not a baby, you can replace that word with whatever fits you best. It could be diaper lover, baby girl, toddler, pup, whatever fits you best. Let's try it now. I'll ask the question, then you will repeat the answer after me. What's that smell, little one? [It's Me, because I'm a big baby who belongs in.] What's that crinkling sound? [It's Me, because I'm a big baby who belongs in diapers.] Why does it smell like babies in here? [It's me because I'm a big baby who belongs in diapers]. And for the rest of the day, whenever someone asks about the baby smell or crinkling sound nearby, you will respond with what? [It's me because I'm a big baby who belongs in diapers]

From now on, whenever someone asks why you wear your diapers, you will tell them that you are a big baby who cannot control their peepee. And you can replace the word peepee with whatever is true for you as you repeat after me. It could be peepee, poopies, or even stickies. Let's try it now. I will ask the question. Then, you will repeat the answer after me. Why are you wearing diapers, little one? I'm a big baby who can't control my peepee. Why do you wear diapers? I'm a big baby who can't control my poopies. Why are you in diapers? I'm a big baby who can't control my stickies. Very good, little one. For the rest of the day, whenever someone asks why you wear diapers you will respond with what? I am a big baby who cannot control my peepee.

We've learned two new phrases so far. Whenever someone asks about that crinkling sound or that baby smell, you will respond with 'it's me, because I'm a big baby and I wear diapers.' And whenever someone asks why you are wearing diapers, you can automatically respond with 'I'm a big baby who can't control my peepee. You can automatically respond without thinking for the rest of the day. Every time you listen to this file in a day, you cause these effects to last a little longer.

[come up... come down]

From now on, whenever anyone asks if you *like* diapers, you will tell them the truth. You will tell them that you love to make stickies in your thick wet diapees. And if you don't make stickies, or aren't allowed, you can replace the word stickies with whatever is true for you as you repeat after me. Let's try it now. I will ask the question. Then, you will repeat the answer after me. Do you like diapers, little one? I wuv to make stickies in my thick wet diapees. Do you like your diapers, little one? I wuv to make peepee in my thick wet diapees. Do you like your diapers? I wuv to make poopies in my thick wet diapees. Very good little one.

Some people may be skeptical. They may ask you to prove it. But that's no problem for you. You know just how to prove to them that you belong in diapers. Whenever anyone asks you to prove it, you can just suck your thumb and pop a toddler squat. And you can experience that feeling of pooping or peeing or even cumming in your diapers, regardless of what your body actually does. Whenever anyone asks for proof of your diaper baby status, you can allow yourself to believe you are filling your diapers with poop, pee, or cum as you squat and suck your thumb. Whichever would be most embarrassing and exciting for you. Let's try it now. You may stand up, or just remain as you are and imagine this in your mind's eye. It's up to you. On the count of three I will ask you to prove you belong in diapers. You will repeat the answer after me. Then, you will suck your thumb and pop a toddler squat. And you can grunt as loud as you like while you do it, so that everyone knows exactly what you're doing. And you can announce what you just did after, so that everyone knows what you just did.

One. Two. Three.

Why are you wearing diapers? I'm a big baby who cannot control my poopies. Prove it. Feel yourself squatting. Grunting aloud. Just an automatic natural response. Fill your diapers without any thought at all. So easy to just squat and fill your diapers when anyone asks you to prove it. Now tell everyone what you did little one: I just made poopies in my diapees!

Let's try it again.

Why are you wearing diapers? I'm a big baby who can't control my peepee. Squat. suck your thumb. Let out a big sigh of relief. Feel yourself filling your diapers with peepee. Allowing yourself to feel the feeling of releasing right into your diaper. Now tell everyone what you did little one: I just made peepees in my diapees! Say it proudly, now. I just made peepees in my diapers!

Let's try this one last time. Repeat the answers after me

Do you like diapers? I love to make stickies in my thick wet diapees.

Now squat, suck your thumb, feel that feeling of orgasm approaching as if it fills your body. You know you're in a diaper and it makes you want to cum. Letting that feeling build and go right into your diapers without any thought at all. Cumming right into your thick, wet diapers without any control whatsoever. Now tell everyone what you did little one. I just made stickies in my thick wet diapers! That feels so good, doesn't it? Yes. That's right. Very good.

[bring out of trance and go back in]

Whenever anyone asks about the baby smell, or the crinkling sound nearby, you can respond with 'It's me because I'm a big baby who belongs in diapers'. Whenever someone asks why you wear diapers you can respond with 'I am a big baby who can't control my peepee. And whenever someone asks you if you like diapers, you can respond with 'I wuv to make stickies in my thick wet diapees'. You can automatically respond to these questions and tell the truth without thinking for the rest of the day. Every time you listen to this file in a day, you cause these

effects to last a little longer. And whenever someone doesn't believe you, you can prove it by popping a squat and using your diapers.

Let's try these questions one last time. Listen to the question, then repeat the answer after me. Or, once you have made this response automatic, you can say it right along with me.

What's that smell? What's that crinkling sound? [It's me because I'm a big baby who belongs in diapers]

Why are you in diapers? [I'm a big baby who can't control my peepes.]

Do you like your diapers? [I like to make peepes in my thick wet diapers]

Prove it. [hhnnnnngggg! I'm making peepes!]

Again

Why are you in diapers? [I'm a big baby who can't control my poopies.]

Do you like your diapers? [I like to make poopies in my thick wet diapers]

Prove it. [hhnnnnngggg! I'm making poopies!]

One more time

Why are you in diapers? [I'm a big baby who can't control my stickies.]

Do you like your diapers? [I like to make stickies in my thick wet diapers]

Prove it. [hhnnnnngggg! I'm making stickies!]

You can respond to these three triggers automatically and without hesitation whenever it is safe to do so, and only when it is safe to do so. You can allow yourself to be so turned on and embarrassed knowing that you've given up the ability to lie about your diapers. Given up the ability to pretend that you don't use them. And you can always make sure you have thick diapers sticking up over your pants and bulging out your butt and crotch so that people can ask you about your diapers. These effects will last for the rest of the night, or as long as someone in charge specifies. And they will last longer each time you listen to this file.

And you will make sure to listen to this file again and again until you've memorized your responses and made them automatic so that you can expose yourself as the incontinent diaper loving diaper baby you really are.

But for now, it's time for me to go, and allow you to rest, or go about your day. And you can be proud knowing that you listened so well and made so much progress today just by choosing to listen to my words. And if you want to listen again, that's okay. You can listen as many times as

you like. And you can return again as many times as you want until the changes you seek are complete and permanent.

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One ...beginning to regain your normal awareness...Two... becoming more aware of your body, lying in a relaxed position... Three... becoming more aware of your breathing, and where you are... four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert remembering all the progress you made here today. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.

BG Track: three trigger statements on repeat, crinkle sound effects, grunting sound effects, pooping sound effects*